



NEW MEXICO
DOULA ASSOCIATION

Our Mission

The New Mexico Doula Association is an inclusive birth-justice focused organization that works to make doula care more accessible throughout the state of New Mexico through advocacy and education. We believe that all New Mexican families have the right to affordable, non-judgmental, and culturally competent support for pregnancy, birth, postpartum, and other reproductive experiences and outcomes.



Our Vision

WE WORK to mitigate health disparities by increasing access to doula practitioners for a diversity of people and families, including rural, tribal, and other underserved communities.

WE SUPPORT doula practitioners around the state in their healthcare role, through advocacy, training, and education of the public and the healthcare system

WE ASPIRE to increase the diversity of trained doulas and birth companions around the state of New Mexico, including racial, social and geographical diversity.

WE ARE growing a community of doula practitioners and supportive New Mexicans who will act as change agents in the reproductive healthcare landscape in New Mexico.



We offer a directory of six categories of doula services for the following life experiences:

**Fertility & Conception | Pregnancy, Birth, & Postpartum | Miscarriage, Stillbirth, & Loss
Adoption & Surrogacy | Abortion | Death & End-of-Life Transition**

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Our Impact & Ongoing Projects



- Our membership is now 80 strong and growing!
- Some of the most vulnerable people and families are being served by our grant-funded doula program.
- In partnership with the NM BIPOC Coalition, we are committed to holding systems accountable to the communities they serve by promoting leadership and funding structures that reflect the people most affected.
- We are in ongoing discussions with the New Mexico Medicaid program to design a doula (birth worker / reproductive healthcare worker) services program that reflects the needs and desires of New Mexico doulas and Medicaid members.
- We are members of the advisory committee for the Reproductive Healthcare Success Project, advocating for and co-creating the first full-spectrum reproductive healthcare facility in Las Cruces, New Mexico.

Doulas are a vital part of the communities in which they serve and the healthcare systems in which they work.

We advocate and work to reclaim our rightful place at the side of our relatives as they navigate these systems. All people deserve to feel cared for, supported, informed, and empowered in their reproductive healthcare access and experiences.

We offer leadership by gathering collectively and spearheading the advancement of doula care services to make them available to all people who desire support.

